

Abstract

This study was done to find out the effects of personalities, self-esteem and attachment styles on emotional expression and general health. One hundred and eighty-one local and newly immigrated adolescents were recruited to check their emotional expression, personality, self-esteem, attachment styles and general health. It was found that the psychological factors were good predictors of emotional expression and emotional expression was significantly correlated to general health. Emotional expression may play a role of mediating the effects between psychological factors and general health. Group differences were found between local and newly immigrated adolescents. The local adolescents scored higher in health problems which were somatic symptoms and social dysfunction. The new immigrants scored higher in two of the personality trials: agreeableness and conscientiousness.